



Chris Earley
Truth Series Author

The Earley EDITION

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You vs. You

by Chris Earley

I recently began to run on a consistent basis. I have run before, but never before have I run as consistently as I do now. It has been very rewarding, and it is amazing what routine running (especially in winter weather) does to your overall sense of self. I initially began with modest 3.5 mile runs and then progressed to 5.5 mile runs.

Recently I woke up one day and decided to do a 7.5 mile run. I was a little freaked out because I knew this was going to be a really tough run in the rain and cold, and I did not know if I was ready for it. I was venturing out of my comfort zone. However, it turned out that that long run that day was hard, but not as hard as I thought it would be.

I discovered on that one run a very valuable lesson: we put restrictions on ourselves and limit what we are capable of doing. That is the worst thing we can do. We are capable



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of doing such incredible things in this life. Don't sell yourself short. What we believe our limits are, and what they *truly* are, can be two very, very different things.

Now I have my sights on a half-marathon, and then possibly a full marathon. I am going to keep pushing the limits of my middle-aged body because I am curious what it is ultimately capable of doing, when my mind gets out of the way. ■

- Chris Earley



Rory Earley

RORY'S RECIPES:

Barefoot Contessa's Cream of Fresh Tomato Soup

If you've followed along for a while, you've noticed a pattern – I'm obsessed with Ina Garten! I'd immediately abandon my family to move in with her and Jeffrey in the Hamptons!

This soup is spectacular. It is not too difficult to make, but tastes amazing. Insider tip: I didn't have a "food mill" so I just used a mesh strainer which did the trick.



INGREDIENTS:

- | | |
|--|---|
| 3 tablespoons good olive oil | 1 tablespoon tomato paste |
| 1 1/2 cups chopped red onions (2 onions) | 1/4 cup packed chopped fresh basil leaves, plus julienned basil leaves, for garnish |
| 2 carrots, unpeeled and chopped | 3 cups chicken stock, preferably homemade |
| 1 tablespoon minced garlic (3 cloves) | 1 tablespoon kosher salt |
| 4 pounds vine-ripened tomatoes, coarsely chopped (5 large) | 2 teaspoons freshly ground black pepper |
| 1 1/2 teaspoons sugar | 3/4 cup heavy cream |

DIRECTIONS:

- 1 Heat the olive oil in a large, heavy-bottomed pot over medium-low heat. Add the onions and carrots and saute for about 10 minutes, until very tender. Add the garlic and cook for 1 minute. Add the tomatoes, sugar, tomato paste, basil, chicken stock, salt, and pepper and stir well. Bring the soup to a boil, lower the heat, and simmer, uncovered, for 30 to 40 minutes, until the tomatoes are very tender.
- 2 Add the cream to the soup and process it through a food mill into a bowl, discarding only the dry pulp that's left. Reheat the soup over low heat just until hot and serve with julienned basil leaves and/or croutons.



AMBASSADOR CLUB

If you are not already a member of our Ambassador Club, you should be.

This is an *exclusive* group of past and current clients interested in joining my team and I at quarterly dinners in and around the Boston area. At these dinners (which my office pays for of course!) we would love to receive your input on how we can improve the delivery of our legal services to our clients.

Simply call us at 617 338 7400 to apply to our Ambassador Club!

WHAT'S NEW AT THE OFFICE



A local bar association recently gave me the opportunity to present a webinar to fellow attorneys on effective time management. It was a very rewarding experience and the feedback I received was really good!

Congratulations to Tiffany R. for winning 4 Disney on Ice tickets in our recent giveaway!



IDEA OF THE MONTH

If you want it badly enough you will do the work. If you don't, you won't. I call this the Ultimate Lie Detector Test.

Quote of the Month

"When it comes to luck, you make your own."

- Bruce Springsteen

DEFECTIVE PRODUCT CLAIMS

We are currently investigating claims for the following products that have been shown to injure innocent people. If you or anyone you know has been injured by any of these products, we may be able to help:

Paraquat - 3M Earplug - Belviq - Elmiron - JUUL - Talcum Powder - Zantac - Toxic Baby Formula - Sunscreen - Phillips PCPAP Sleep Apnea Machine

What Others are Saying

about the Law Office of Christopher Earley



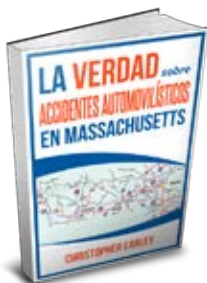
"Great at guiding me through the process of being involved in a workers' comp case."

"Christopher was great at guiding me through this tedious and confusing process of being involved in a workers' comp case. Things probably would have turned out differently if not for his counsel. I would definitely highly recommend Christopher Earley to anyone who is going through this type of ordeal!"

Mike H.

"Chris delivered great results and that has made me a forever client!"

"My decision to become a client of The Law Office of Christopher Earley was a great choice. Not only was Chris able to provide excellent service by keeping me informed every step of the way, he was extremely empathetic from start to finish. He delivered great results and that has made me a forever client. I recommend the Law Office of Christopher Earley if you are seeking a lawyer that is results driven, compassionate, extremely easy to work with and reasonably priced. Thank you Christopher Earley for being a beacon of hope and a great resource to my family and I."



PARA NUESTROS CLIENTES DE HABLA HISPANA

Tenemos un historial comprobado de éxito en asegurar millones de dólares en acuerdos para personas lesionadas en accidentes automovilísticos, accidentes de lesiones personales, compensación por accidentes laborales, resbalones y caídas, accidentes de mordeduras de perros, accidentes de bicicletas, accidentes peatonales, accidentes de motocicletas, y cualquier otro tipo de casos de lesiones personales en Massachusetts.

Asegúrese de solicitar nuestro libro gratuito sobre accidentes automovilísticos en Massachusetts. La ley solo le otorga un tiempo limitado, por lo que se debe actuar rápidamente para proteger sus derechos. Nuestro número de teléfono es 617 338 7400, o envíenos un correo electrónico a cearley@chrisearley.com.

REMINDER ABOUT OUR FIRM'S COMMUNICATION POLICY

Our promise to you is that while we are working on your case, we don't take inbound phone calls. Chris Earley takes no inbound unscheduled phone calls whatsoever. It makes him much more productive and helps get your case resolved faster. You can always call the office at 617-338-7400 to schedule a phone appointment, usually within 24-48 hours. This is a lot better than the endless game of "phone tag" played by most businesses today.



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Thank You For Your Referrals!

This month, we'd like to thank Nate A., Alexis K., Francesco M., Mary Ellen O., John B., Jorge F., Peter P., Roxana M., and Chris S. for believing we are the right firm to help their friends and family. Your continued support gives us the ability to reach more individuals and make a positive difference in their lives. If we can help anyone you know that needs our services, please send them our way!

We Would Love To Receive A Review From You!

Your reviews help members of the community that need our services to find us. Simply scan this QR code to leave your review today!



What a Failure

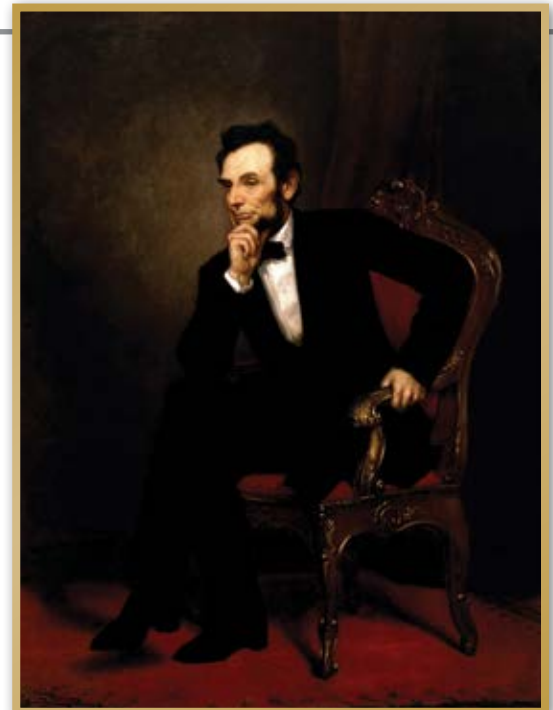
Usually the most successful people are the ones who fail the most.

I was shocked to learn recently just how many setbacks and failures Abraham Lincoln experienced, yet he still persevered. He is quoted as saying: "Success is going from failure to failure without losing your enthusiasm." He clearly walked the walk and talked the talk when it came to determination.

Below is an excerpt regarding Lincoln from a great book I recently read called *Never Eat Alone* by Keith Ferrazzi:

"Lincoln failed in business. He failed as a farmer. He lost running for state legislature. He had a nervous breakdown. He was rejected for a job as a land officer. When he finally was elected to the legislature, he lost the vote to be speaker. He ran for Congress and lost. He ran for and lost a U.S. Senate seat. He ran for vice president and lost. He ran for the Senate and lost again. And when he was finally elected president, the nation he was elected to lead broke apart."

Lincoln was clearly built differently. His life story of dogged determination teaches us that no matter how much we struggle, we can never, ever, ever, give up. ■



Abraham Lincoln, painting by George Peter Alexander Healy in 1869.